



## THINKING REFLECTIVELY



**SMART**  
Family & Friends

### Exercise: Thinking Reflectively

In this exercise, assume the role of the “curious listener.” Respond to the speaker’s statement with as many closed questions as you can, using the format: “Do you mean that \_\_\_\_\_?”

#### Example:

**Speaker:** One thing I like about myself is that I’m organized.

**Listener:** Do you mean that you keep your desk tidy?

**S:** No!

**L:** Do you mean that you manage your time well?

**S:** Yes.

**L:** Do you mean that you always know where to find things?

**S:** No.

**Speaker:** If a relative of mine had permission to brag about me, she would say that I’m good with my hands.

**Listener:** Respond to the speaker by asking: “Do you mean you \_\_\_\_\_?”

Try to come up with at least 5 closed questions.

